



## Spotted Rabbit Creative Arts Therapy, PLLC

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### CREATIVE ARTS THERAPY INTAKE FORM

**Client Name:** \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Relationship Status:  Single  Significant Other  Married  Divorced  Widowed

Who do you share your home with? (significant other, children, roommate/s) \_\_\_\_\_

\_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Occupation:** \_\_\_\_\_

Full-Time  Part-Time  Per Diem  Disability  Retired

**Primary Care Physician:** \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**Psychiatrist (if applicable):** \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**Referred by:** \_\_\_\_\_

#### Emergency Contact Person:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home/Work Phone: \_\_\_\_\_

**MEDICAL/MENTAL HEALTH HISTORY**

**Current Medical Conditions/Medications:** \_\_\_\_\_

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**Previous Mental Health Treatment/Hospitalizations: (please include year)** \_\_\_\_\_

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**Substance Abuse History:** Do you have a history of alcohol or drug use? \_\_\_ Yes \_\_\_ No

If yes, please explain: \_\_\_\_\_

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Does anyone in your family have a history of problems with alcohol or drugs? \_\_\_ Yes \_\_\_ No

If yes, who? \_\_\_\_\_

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**Do you have previous or pending legal charges?** \_\_\_ Yes \_\_\_ No

If yes, please explain: \_\_\_\_\_

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**History of physical, sexual and/or emotional abuse and/or trauma?** \_\_\_ Yes \_\_\_ No

If yes, please explain: \_\_\_\_\_

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**Briefly describe your relationship with your family of origin:** \_\_\_\_\_

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**CURRENT ISSUES**

**Primary reason(s) for seeking treatment:** \_\_\_\_\_

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**What gives you the most pleasure or joy in your life?** \_\_\_\_\_

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**What are your main worries and fears?** \_\_\_\_\_

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**What are your strengths/interests?** \_\_\_\_\_

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**What goals do you have for art therapy?** \_\_\_\_\_

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*\*formal treatment goals will be developed through a client/therapist collaboration following the initial session(s)*

**Is there anything else that is important for me to know as your therapist?** \_\_\_\_\_

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**Form completed by:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Relationship to client:** \_\_\_\_\_