

Spotted Rabbit Creative Arts Therapy, PLLC

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ART & MUSIC THERAPY CHECKLIST

Creative Arts Therapy is considered a clinical service when using OPWDD self-determination funds. Unlike art and music classes, which focus on artistic skill development, creative arts therapy focuses on emotional, cognitive, and physical goals. Progress notes are kept for each session to document progress, and treatment plans are updated twice per year.

Please refer to the following steps when preparing to initiate creative arts therapy services at Spotted Rabbit Creative Arts Therapy, PLLC. Feel free to contact us if you need assistance – we're happy to help!

1. Connect with your broker and have them add creative arts therapy services to your budget. Make sure to let them know how many therapy sessions per week you plan to attend. Most individuals come for one to three hour long sessions per week.
2. Connect with your medical provider to have a prescription written for art or music therapy. Please request that the following information be present on the prescription.
 - a. ICD medical codes for the disorder being treated
 - b. Duration and frequency of sessions (i.e. 2 hours of therapy per week, 100 hours of therapy per year)
 - c. Specify art, music, or creative arts therapy as the service being provided
3. Forward the original prescription to your FI coordinator and have a copy sent to Spotted Rabbit.
4. Forward a copy of your most recent ISP to Spotted Rabbit (this will be used to develop treatment goals).
5. Once the budget has been approved and the prescription has been written services can begin.
6. The first few sessions are considered "assessment sessions" after which a treatment plan will be written and forwarded to your medical provider. Once this is written, your medical provider will need to sign off on the plan before services can continue to be billed to your plan. We will assist you in this process.

ART & MUSIC THERAPY ONGOING SERVICES

Prescriptions for creative arts therapy services are valid for one year from the date they were written. Treatment plan review and sign off by your medical provider is required approximately every 6 months for services to continue being billed to your plan. We generally handle communication with your medical provider in these matters, however if they are difficult to reach and there is a time deadline we may ask you to follow up with them as well.

Payment for services is capped at the Medicaid reimbursement rate and we will bill your FI directly on your behalf.

Individuals can utilize Medicaid transportation to and from their art and music therapy appointments when using self-determination funds. Because it is a clinical service, staff are limited to 12 trips per year and cannot be paid for direct client contact during the session. If you plan on utilizing staff for transportation we recommend billing the service as a class instead.